

WHAT  
IS  
A  
STUDENT  
ASSISTANCE  
PROGRAM?

The Student Assistance Program (SAP) is a process for identifying students who are experiencing behavior and/or academic difficulties which pose a barrier to their learning and success in school. SAP offers support to those students and their families.

The core of the Student Assistance Program is a team who have received specialized training from Commonwealth of Pennsylvania Approved SAP Training providers and other related continuing education.

One of the most important tasks of a student assistance team is to build a partnership with families, focusing on the student's success as their common goal. Participation in the Student Assistance process is voluntary.

Members of the  
Junior High West  
SAP Team are:

- + Deb Donovan
- + Greg Galtere
- + Kathy Gregory
- + Lisa Jackson
- + Rachel Franco
- + Shelley Livelsberger
- + Connie Moser
- + Rafael Perez
- + Brian Rohn
- + Marilee Cassidy  
School Counseling Coordinator
- + Cindy Chmewski  
Caron Foundation
- + Deb Donahue  
Creative Health

Please contact a SAP member, teacher, or principal, if you or someone you know needs help.

For additional information about the Student Assistance Program, call the SAP office at 610-473-3678 or contact your principal.

## THE STEPS OF THE SAP PROCESS INCLUDE:

### Referral:

Individuals who know of students experiencing barriers to education can refer them to SAP. Parents, guardians, teachers, or classmates may refer students. The students may also refer themselves.

### Family Involvement:

Families are directly involved once the student has been identified. Lines of communication are open at all times. The SAP process does not replace the parents' decision-making responsibility.

### Intervention:

Our aim is to intervene between a student and anything that may hinder learning. This includes offering a wide-range of supports including school and community resources.

### Support and Follow-up:

SAP strives to offer continued contact and support to aid students and parents in maintaining all successful interventions.

### Postvention:

Sometimes we are called upon to respond to the needs of our students in the event of a tragedy. Our actions are designed to prevent further trauma and begin the healing process.

## Local Support Agencies

### Signs and Symptoms of possible barriers to learning

- Academic decline
- Attendance concerns
- Disciplinary problems
- Isolation
- Change in friends
- Sadness or mood swings
- Decreased attention span
- Signs of “saying good-bye”
- Odor of alcohol or marijuana
- Glassy or bloodshot eyes
- Loss of interest in activities
- Fatigue and listlessness
- Self abuse
- Expresses openly alcohol or other drug use
- Engages in dangerous behaviors
- Expresses hopelessness
- Noticable change in weight
- Poor hygiene

### Educational groups offered through SAP may include:

- Anger Management
- Decision Making
- Healthy Eating
- Stress Management
- Leadership skills
- Smoking cessation

You are invited to contact your counselor or a member of the SAP team for information about a group.

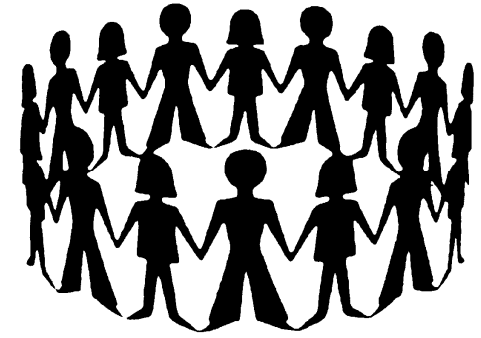
#### Berks County Phone

Al-Anon and Al-A-Teen	610-373-5237
Alcoholics Anonymous - 24 hours	610-373-6500
Berks Aids Network	610-375-2242
Berks Children and Youth Services	610-478-6700
Berks Women In Crisis	610-372-9540
Berks Counseling Center	610-373-4281
Boyertown Area Multi-Service	610-367-6957
Caron Counseling Center	610-678-2332
Child Abuse Hot-Line	1-800-932-0313
Council on Chemical Abuse	610-376-8669
Family Guidance Center	610-374-4963
Mental Health Services	610-236-0530
Narcotics Anonymous	610-374-5944
Poison Control Center	1-800-222-1222
Rdg. Hospital for Mental Health	610-988-8070
Rdg. Hospital Drug/Alcohol 24 hours	610-988-8186
Rdg. Hospital and Medical Center	610-988-8000
St. Joseph Hospital	610-378-2000
Talkline	1-800-472-Talk

#### Montgomery County Phone

Addiction Counseling Services, Inc.	610-970-1200
Alcoholics Anonymous	610-373-6500
Children's Crisis Support	1-888-HELP-414
Creative Health Services(MH)	610-326-9250
Creative Health Services (D&A)	610-327-1503
Domestic Violence	610-970-7363
Genesis Pregnancy Care Center	610-970-8089
Juvenile Law Center	1-800-875-8887
Montgomery Child it Youth Services	610-278-5800
Montgomery Cnty Emerg. Serv. (MH/MR/D&A)	610-279-6100
Victim Services Center of Montco	610-277-0932
Women's Center of Montco	610-970-7363

*The Boyertown Area School District does not discriminate against any persons on the basis of race, color, sex, age, handicap or national origin.*



## STUDENT ASSISTANCE PROGRAM



*Working together for all of us!*

*Boyertown Junior High West  
380 South Madison Street  
Boyertown PA 19512*