

## *Lab Girl* Reading Log

The book is divided into three sections. As you read, keep the reading strands below in mind. Use sticky notes or write in the margins at places in each section when you find parts that relate to one or more of the strands. Then fill in the log on the next page with at least two quotes from each section.

### **Strand 1: Plants as a Metaphor for Life**

Throughout the book, the author uses plant growth as a metaphor to describe her own experiences. Take notes on examples of this literary technique, and comment on its effect on you as the reader.

### **Strand 2: Plant, Soil, and Seed Science**

Throughout the book, *Lab Girl* threads together in-depth information about plant science and the author's discoveries. Note information that you learned about plants, soil, and seeds.

### **Strand 3: Family, Friendship, and Scandinavian Culture**

The author discusses her upbringing in a Scandinavian family and how that culture influenced her relationships with her family members. She describes the nature of her family relationship, as well as several important relationships throughout her life. How did her culture influence how she relates with others? How did she describe her role as a friend and her friendship with Bill? How did her culture affect how she approached being a wife and mother?

### **Strand 4: Emotional Struggles and Mental Illness**

The author writes at length about the emotional highs and lows throughout her professional and personal life, and her diagnosis of manic depression. As you read, take notes on her experiences. Were you familiar with manic depression before reading this book, or were you learning about it for the first time? How did reading the book affect your ideas about mental illness?

### **Strand 5: Women in Science**

This book underscores the challenges of being a woman in a largely male-dominated profession. Throughout your reading, note the moments where the author describes her unique experience as a woman scientist.

<b>SECTION</b>	<b>TEXTUAL EVIDENCE/QUOTE (include pg. #)</b>	<b>HOW IT RELATES TO ONE OR MORE STRANDS</b>
<b>Roots and Leaves</b>		
<b>Wood and Knots</b>		
<b>Flowers and Fruit</b>		

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