

High School Menu October 2020

This institution is an equal opportunity provider.

Menus are subject to change.

<i>Monday October 12</i>	<i>Tuesday October 13</i>	<i>Wednesday October 14</i>	<i>Thursday October 15</i>	<i>Friday October 16</i>
Breaded Chicken Sandwich	Hamburger on Roll	Yogurt Meal	Hot Dog on Roll	French Bread Pizza
SMILE Fries Fresh Fruit	Romaine Salad Pears	Fresh Vegetable Sliced Peaches	Baked Beans Baked Potato Chips Fresh Fruit	Baby Carrots w/Dip Apple Pack Carnival Cookie
Assorted Milk	Assorted Milk	Assorted Milk	Assorted Milk	Assorted Milk
<i>Monday October 19</i>	<i>Tuesday October 20</i>	<i>Wednesday October 21</i>	<i>Thursday October 22</i>	<i>Friday October 23</i>
Meatball Sandwich	Chicken Tenders w/Roll	Yogurt Meal	Walking Taco w/ Fixings	Big Daddy's Pizza
Romaine Salad Pears	Tater Tots Fresh Fruit	Fresh Vegetable Fresh Fruit	Refried Beans Steamed Corn Applesauce	Baby Carrots w/Dip Apple Pack Pudding Cup
Assorted Milk	Assorted Milk	Assorted Milk	Assorted Milk	Assorted Milk



remember the milk

Milk choices available
1% White
FF Chocolate

\$.65

DON'T FORGET!

You must take at least

1

FRUIT or VEGGIES
and at least

3 items total to count your lunch as a complete meal

Online Payment Service: Your child's school will accept online payments for school meals using EzSchoopay.com. For more information and to register online, access the website at www.EZSchoolpay.com

Week 1

High School Menu October/November 2020



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DON'T FORGET!

You must take
at least

1

FRUIT or VEGGIES
and at least

3 items total to count your
lunch as a complete meal



Milk choices available

- FF White
- 1% White
- 1% Chocolate
- 1% Strawberry

\$.65

**Adult Lunch
\$4.60**



**Monday
October 26**

- Choose 1 Entrée:**
1. Chicken Tenders w/Roll
 2. Cheese Filled Bread Sticks w/Sauce or Chicken Quesadilla Pizza

- Steamed Carrots
- Baked Beans
- Mixed Fruit
- Fresh Fruit

Assorted Milk

**Tuesday
October 27**

- Choose 1 Entrée:**
1. Spaghetti & Meatballs w/Twisted Cheese Filled Stick
 2. Big Daddy's Four Meat Pizza or French Bread Pizza

- Steamed Peas
- Romaine Salad
- Pears
- Fresh Fruit

Assorted Milk

**Wednesday
October 28**



**Thursday
October 29**

- Choose 1 Entrée:**
1. Chicken Parmesan w/Breadstick
 2. Stuffed Crust or White Pizza

- Pasta w/ Sauce
- Steamed Broccoli
- Romaine Salad
- Peaches
- Fresh Fruit

Assorted Milk

**Friday
October 30**

- Choose 1 Entrée:**
1. Macaroni & Cheese w/Roll
 2. Big Daddy's Cheese Pizza or BBQ Chicken Flatbread Pizza

- Stewed Tomatoes
- Green Beans
- Fresh Fruit
- "EEK" Orange Cream Sidekick

Assorted Milk

Week 2

**Monday
November 2**

- Choose 1 Entrée:**
1. Chicken Stix w/ Roll
 2. Cheese Filled Bread Sticks w/Sauce or Chicken Quesadilla Pizza

- Baked Beans
- Steamed Carrots
- Peaches
- Fresh Fruit

Assorted Milk

**Tuesday
November 3**

- Choose 1 Entrée:**
1. Ham & Cheese Pretzelwich
 2. Big Daddy's Four Meat Pizza or French Bread Pizza

- Breaded Onion Rings w/ Dipping Sauce
- Tomato Soup
- Romaine Salad
- Orange Slices
- Fresh Fruit

Assorted Milk

**Wednesday
November 4**



**Thursday
November 5**

- Choose 1 Entrée:**
1. Breaded Chicken Sandwich
 2. Stuffed Crust or White Pizza

- Au Gratin Potatoes
- Mixed Vegetables
- Romaine Salad
- Applesauce
- Fresh Fruit

Assorted Milk

**Friday
November 6**

- Choose 1 Entrée:**
1. Cheese Steak Sandwich w/ Sauce and Onions
 2. Big Daddy's Cheese Pizza or BBQ Chicken Flatbread Pizza

- Spiral Seasoned Fries
- Steamed Broccoli
- Mixed Fruit
- Fresh Fruit

Assorted Milk
Extra: Goldfish
Graham