

# **Boyetown Area School District Department of Athletics Health & Safety Plan for Athletics and Marching Band**

## **Introduction**

The Boyertown Area School District (BASD) will take the necessary precautions and recommendations from the federal, state, and local governments, CDC, PA DOH, as well as the NFHS and PIAA.

BASD realizes the knowledge regarding COVID-19 is constantly changing as new information and treatments become available. The Health and Safety plan for Athletics & Marching Band will be adjusted as needed as new information becomes available in order to decrease the risk of exposure for our staff, students, and spectators.

The following Health and Safety plan will be in effect during the Red, Yellow, and Green phases determined by the State of Pennsylvania.

The approved plan will be posted electronically on the following websites:

[www.boyertownasd.org](http://www.boyertownasd.org)

[www.boyertownathletics.com](http://www.boyertownathletics.com)

## **Point of Contact**

The primary point of contact for all questions related to COVID-19 as in relation to the Health and Safety Plan for Athletics and Marching Band:

Mr. Dominic Palladino, M.S.Ed., CAA  
Director of Athletics - Boyertown Area School District  
120 N. Monroe Street  
Boyertown, PA 19512  
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610-369-7452

## **Anticipated launch date for sports related activities: **July 1, 2020****

## **Requirements**

The following requirements are for all **Middle School and Senior High School contests and practices**.

1. Athletes, Coaches, and Staff will undergo a COVID- 19 health screening prior to any practice, event, or team meeting. The type of screening will be dependent upon the Phase level (indicated later in this document). The purpose is to check for signs and symptoms of COVID-19.
2. Promote healthy hygiene practices such as hand washing (20 seconds with warm water and soap) or the use of hand sanitizer.
3. Encourage social distancing through increased spacing, small groups, and limited mixing between groups, if feasible.
4. Educate Athletes, Coaches, and Staff on health and safety protocols with information supplied to you by the school district, not from your personal research.
5. Anyone who is sick is required to stay home. If you are sick, report it to your immediate supervisor. Alternative plans can always be made!
6. Athletes and Coaches **MUST** provide their own water bottle for hydration. Water bottles must not be shared.

7. Personal Protective Equipment (PPE) (gloves, masks, eye protection) will be used as needed and situations warrant or determined by local/state governments. **Everyone is required to wear face coverings, unless a health condition prohibits use, while indoors. Outdoors must use face covering when 6-ft social distancing is not possible. All spectators MUST wear a mask/face covering and maintain social distancing when attending events.**
  8. All events are subject to guidelines set forth by the PIAA, District One, PAC, and BASD. BASD has the right to, at any time, to open or close events to spectators based on guidelines set forth.
  9. Identify Staff and students who may be at a higher risk of severe illness from COVID-19 due to underlying medical conditions. Make alternative arrangements if needed.
  10. Coaches and Athletic Staff must complete all required Professional Development listed in this Health & Safety Plan before practices (voluntary or scheduled), meetings, or game may take place in person.
  11. Any student-athletes or Coaches who have traveled to a COVID-19 Hotspot as outlined by the PA DOH are not allowed to participate in any practice, game, or voluntary workout for a period of 14 days during the recommended self-quarantine period.
1. Off-season workouts are voluntary and cannot be mandated by coaches or athletic department staff.
  2. Custodial staff will clean and disinfect commonly shared athletic equipment and areas on a minimum nightly basis.
  3. Different times will occur for practices, so overlap between and amongst sports does not occur on campus who share the same facilities and locker rooms. All practices (out-of-season and in-season) will be coordinated through the Athletic office.
  4. Activities will resume in a gradual fashion in order to avoid injuries, heat related illnesses, and understand that some athletes may not be at their optimal condition/fitness levels.
  5. Meetings were held with coaches of all levels (Varsity, JV, and Middle School) to discuss practice plans and safe protocols for returning to play.

## Considerations:

6. Once play resumes, all scheduling modifications (canceling and/or rescheduling) of practices and games will be done by the Director of Athletics or BASD Administration.



## Guidelines/Requirements

Gatherings	Ratios and Groups	Scheduling & Transportation	Hygiene	Equipment	Minimizing Contact	Player Areas	Personnel	Spectators
Organized team sports/activities are not permitted.								
Permitted on a limited basis  Locker room usage must comply with the "ratio & groups" limits. Locker rooms may not be used before August 10, 2020.	Groups must be 25 attendees or under.  Student-athletes and staff must be screened before, during, and after practices/competitions	Transportation may be modified or limited  Student-athletes may be transported by a parent/guardian to off-site events with proper documentation	Game ball(s) are disinfected before, during and after every game and practice  Everyone is required to wear face coverings, unless a health condition prohibits use, while indoors. Outdoors must use face covering when 6-ft social distancing is not possible  No shared water containers are permitted. Each student-athlete must provide their own water.	Sharing of equipment is not allowed, except for a ball during competition	Sportsmanship continues in a touchless manner. Instruction focusing on individual skills is recommended.	Additional benches or chairs may be added to encourage social distancing	Athletic Department approved personnel at games and practices only.	No spectators are allowed at events or practices.

Gatherings	Ratios and Groups	Scheduling & Transportation	Hygiene	Equipment	Minimizing Contact	Player Areas	Personnel	Spectators
<p>Permitted on a limited basis</p> <p>Locker room usage must comply with the "ratio &amp; groups" limits</p> <p>Locker rooms may not be used before August 10, 2020.</p>	<p>Groups must be no more than 20% of facility capacity.</p> <p>Student-athletes and staff must be screened before, during, and after practices/competitions</p> <p>Indoor groups must be 25 attendees or under</p>	<p>School District transportation will be provided per guidelines outlined in the BASD Health &amp; Safety Plan.</p> <p>Student-athletes may be transported by a parent/guardian to off-site events with proper documentation</p>	<p>Game ball(s) are disinfected before, during and after every game and practice.</p> <p>Everyone is required to wear face coverings, unless a health condition prohibits use, while indoors. Outdoors must use face covering when 6-ft social distancing is not possible</p> <p>No shared water containers are permitted. Each student-athlete must provide their own water bottle. Touchless water coolers will be available at a hydration station at practices. This are will be set-up by a member of the athletic department staff</p>	<p>Any equipment that must be shared must be disinfected between users. Game balls must be disinfected when feasible</p>	<p>Sportsmanship continues in a touchless manner.</p>	<p>Social distancing should be practiced when possible.</p>	<p>Athletic Department approved personnel at games and practices only.</p>	<p>Spectators are allowed following current PA DOH, league, and BASD guidelines.</p> <p>Masks/face coverings and social distancing must take place.</p>

## Cleaning, Sanitizing, Ventilation

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual or Position	Materials, Resources, or Supports Needed	PD Required (Y/N)
Cleaning, sanitizing, disinfecting, and ventilating spaces, surfaces, and any other areas used by student-athletes and sporting activities (i.e., restrooms, drinking fountains, locker rooms and transportation)	All areas used will be cleaned daily.  Areas are only available for use when proper cleanings are scheduled.	All areas used will be cleaned daily.  Cleanings will take place in all areas used by student-athletes or staff.	Director of Athletics  Head Custodian	Cleaning materials	Y-Safe Schools Training



## Social Distancing and Other Safety Protocols

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual or Position	Materials, Resources, or Supports Needed	PD Required (Y/N)
Protocols for social distancing student athletes and staff throughout all activities, to the maximum extent feasible	<p><b>Social Distancing</b> protocols will be used for indoor and outdoor activities.</p> <p>Groups must be limited to 25</p> <p>Non-contact activities</p> <p>Practice, game, and activity spaces will be scheduled by the Athletic Office. Teams will not overlap facilities.</p>	<p><b>Social Distancing</b> protocols will be used when possible.</p> <p>Groups must be limited to 20% of facility max occupancy.</p> <p>Practice, game, and activity spaces will be scheduled by the Athletic Office. Teams will not overlap facilities.</p>	<p>Athletic Department Staff</p> <p>Coaches</p> <p>Athletic Trainers</p> <p>Director of Athletics</p>	<p>Guidelines from the Pennsylvania DOH, CDC, PIAA, NFHS, and BASD Health &amp; Safety Plan.</p>	Y – Safe Schools Training

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual or Position	Materials, Resources, or Supports Needed	PD Required (Y/N)
Procedures for serving food at events	Food will not be served.	Prepackaged meals only. No buffet style meals. Social distancing protocols must be used. Concession stands can open if social distancing restrictions involving spectators are lifted. Concession stand must follow proper CDC/PA DOH guidelines.	Athletic Department Staff Coaches Athletic Trainers Director of Athletics	BASD Health & Safety Plan	N



Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual or Position	Materials, Resources, or Supports Needed	PD Required (Y/N)
Hygiene practices for student athletes and staff which include the manner and frequency of hand-washing and other best practices	<p>Wash hands before and after activities.</p> <p>Use of hand sanitizer if needed.</p> <p>Game ball(s) are disinfected before, during and after every game and practice</p> <p>Everyone is required to wear face coverings, unless a health condition prohibits use, while indoors. Outdoors must use face covering when 6-ft social distancing is not possible</p> <p>No shared water containers are permitted. Each student-athlete must provide their own water.</p>	<p>Wash hands before and after activities.</p> <p>Use of hand sanitizer if needed.</p> <p>Game ball(s) are disinfected before, during and after every game and practice.</p> <p>Everyone is required to wear face coverings, unless a health condition prohibits use, while indoors unless they are actively involved in activity. Outdoors must use face covering when 6-ft social distancing is not possible unless they are actively involved in activity.</p> <p>No shared water containers are permitted. Each student-athlete must provide their own water bottle. Touchless water coolers will be available at a hydration station at practices.</p>	<p>Athletic Department Staff</p> <p>Coaches</p> <p>Athletic Trainers</p> <p>Director of Athletics</p>	<p>Guidelines from the Pennsylvania DOH and CDC</p>	<p>Y – Protocols for proper handwashing procedures will be given to student-athletes and staff members.</p> <p>Safe Schools Training</p>

This are will be set-up by a member of the athletic department staff

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual or Position	Materials, Resources, or Supports Needed	PD Required (Y/N)
Posting signs, in highly visible locations, that promote everyday protective measures, and how to stop the spread of germs	Signs indicating proper hygiene and hygiene practices will be posted in common areas.	Signs indicating proper hygiene and hygiene practices will be posted in common areas.	Head Custodian Director of Facilities	Guidelines from the Pennsylvania DOH and CDC	N
Identifying and restricting non-essential visitors and volunteers	Athletic Department approved personnel at games and practices only.  Spectators are not permitted at practices and contests.	Athletic Department approved personnel at games and practices only.  Spectators are permitted at practices and contests following guidelines established by BASD, Pioneer Athletic Conference, and the PA DOH.	Director of Athletics BASD School Police Building Principals	N/A	N
Limiting the sharing of materials among students	Sharing of equipment is not allowed, except for	Any equipment that must be shared must be	Coaches Athletic Trainers	Guidelines from the State of Pennsylvania, CDC,	N

	a ball during competition	disinfected between users. Game balls must be disinfected when feasible	Director of Athletics	PIAA, NFHS, and BASD Health & Safety Plan.	
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Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual or Position	Materials, Resources, or Supports Needed	PD Required (Y/N)
Staggering the use of communal spaces (i.e., locker rooms, weight rooms, etc.)	Opposite entrances/exits will be used when entering or exiting a facility. If opposite entrances/exits are not available, a staggering method will be used.  Locker room and weight room facilities are not available.	Opposite entrances/exits will be used when entering or exiting a facility. If opposite entrances/exits are not available, a staggering method will be used.  Locker rooms will be scheduled for use by the Athletic Office. 20% of max occupancy at all times.	Coaches  Athletic Trainers  Director of Athletics	BASD Health & Safety Plan.	N



Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual or Position	Materials, Resources, or Supports Needed	PD Required (Y/N)
Adjusting transportation schedules and practices to create social distance	Transportation may be modified or limited. Student-athletes may be transported by a parent/guardian to off-site events with proper documentation	School District transportation will be provided per guidelines outlined in the BASD Health & Safety Plan. Student-athletes may be transported by a parent/guardian to off-site events with proper documentation	Director of Athletics Director of Transportation Coaches	BASD Health & Safety Plan Transportation waiver	N
Limiting the number of individuals in athletic activity spaces, and interactions between groups of student athletes	Social Distancing protocols will be used for indoor and outdoor activities. Groups must be limited to 25 Non-contact activities	Social Distancing protocols will be used when possible. Everyone is required to wear face coverings, unless a health condition prohibits use, while indoors unless they are actively involved in activity. Outdoors must use face covering when 6-ft social distancing is not possible unless they are actively involved in activity.	Athletic Department Staff Coaches Athletic Trainers Director of Athletics	Guidelines from the Pennsylvania DOH, CDC, PIAA, NFHS, and BASD Health & Safety Plan.	N

## Monitoring Student and Staff Health

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual or Position	Materials, Resources, or Supports Needed	PD Required (Y/N)
Monitoring student athletes and staff for symptoms and history of exposure	Student-Athletes, coaches, and athletic department staff will fill out the "COVID-19 Monitoring Form"	Student-Athletes, coaches, and athletic department staff will fill out the "COVID-19 Monitoring Form"	Head Coach Athletic Trainers Director of Athletics Building Principal	Monitoring Form Non-Contact Forehead Thermometer	Y - training on thermometer use, Safe Schools Training
Isolating or quarantining student athletes, coaching staff, or visitors if they become sick or demonstrate a history of exposure	Students/Staff - will be quarantined in the officials' locker room located in the athletic wing until proper travel arrangements can be made.  Student-athlete/staff of opposing schools will follow the same protocol as above	Students/Staff - will be quarantined in the officials' locker room located in the athletic wing until proper travel arrangements can be made.  Student-athlete/staff of opposing schools will follow the same protocol as above  Any student-athletes or Coaches who have traveled to a COVID-19 Hotspot as outlined by the PA DOH are not allowed to participate in any practice, game, or voluntary workout for a period of 14 days during the	Athletic Trainers Director of Athletics Building Principal Head Custodian	PPE Cleaning and Sanitizing equipment	Y - education on the protocol being used

[illegible]

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual or Position	Materials, Resources, or Supports Needed	PD Required (Y/N)
Returning isolated or quarantined coaches, staff or student athletes, to school and/or athletics	Students or staff must have medical clearance from their physician or appropriate healthcare professional, determined to be non-contagious, Fever free (without fever-reducing medicine), improvement in respiratory symptoms (cough, shortness of breath), no vomiting or diarrhea.	Students or staff must have medical clearance from their physician or appropriate healthcare professional, determined to be non-contagious, Fever free (without fever-reducing medicine), improvement in respiratory symptoms (cough, shortness of breath), no vomiting or diarrhea	Director of Athletics Building Principal Athletic Trainers		Y - education on the protocol being used



Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual or Position	Materials, Resources, or Supports Needed	PD Required (Y/N)
Notifying coaching staff, families, and the public of cancellation of sports-related activities, school closures and other changes in safety protocols	Changes in safety protocols - update documents on websites and advertise the changes on social media and email contacts.	Changes in safety protocols - update documents on websites and advertise the changes on social media and email contacts	Director of Athletics Building Principal District Communications Specialist Assistant Superintendent		N



## Other Considerations for Student-Athletes and Staff

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual or Position	Materials, Resources, or Supports Needed	PD Required (Y/N)
Protecting student athletes and coaching staff at higher risk for severe illness	Safety protocols will be implemented for any student-athlete or staff member who needs accommodations	Safety protocols will be implemented for any student-athlete or staff member who needs accommodations	Director of Athletics Building Principal Director of Human Resources		Y – Safe Schools Training
Use of face coverings by all coaches and athletic staff	Required	Required while social distancing guidelines are in effect.	Director of Athletics	Face Coverings will be provided	Y – Safe Schools Training

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual or Position	Materials, Resources, or Supports Needed	PD Required (Y/N)
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Use of face coverings by student athletes as appropriate	Not required during exercise. Recommended at other times when social distancing guidelines are in effect.	Not required during exercise. Recommended at other times when social distancing guidelines are in effect.	Director of Athletics		N
Unique safety protocols for student athletes with complex needs or other vulnerable individuals	Safety protocols will be implemented for any student-athlete or staff member who needs accommodations due to medical reasons	Safety protocols will be implemented for any student-athlete or staff member who needs accommodations due to medical reasons	Director of Athletics Athletic Trainer Building Principal	Accommodations may need supports	Y – Safe Schools Training

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual or Position	Materials, Resources, or Supports Needed	PD Required (Y/N)
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Management of Coaches and Athletic Staff	Coaches and athletic department staff will fill out the "COVID-19 Monitoring Form" before starting each activity.  Anyone who has been in close contact with a person with COVID-19 must be reported to the Director of Athletics and Building Principal. CDC and PA DOH protocol will be followed.	Coaches and athletic department staff will fill out the "COVID-19 Monitoring Form" before starting each activity.  Anyone who has been in close contact with a person with COVID-19 must be reported to the Director of Athletics and Building Principal. CDC and PA DOH protocol will be followed.	Director of Athletics	CDC and PA DOH Guidelines	N
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## Professional Development

Topic	Audience	Lead Person and Position	Session Format	Materials, Resources, and or Supports Needed	Start Date	Completion Date
Coronavirus Awareness	Coaches	Dominic Palladino, Director of Athletics	Online	Safe Schools	7/1/2020	
Coronavirus: CDC Guidelines for making and using cloth face coverings	Coaches	Dominic Palladino, Director of Athletics	Online	Safe Schools	7/1/2020	
Coronavirus: Cleaning and disinfecting your workplace	Coaches	Dominic Palladino, Director of Athletics	Online	Safe Schools	7/1/2020	
Coronavirus: Managing stress and anxiety	Coaches	Dominic Palladino, Director of Athletics	Online	Safe Schools	7/1/2020	
Coronavirus: Reopening your Organization	Coaches	Dominic Palladino, Director of Athletics	Online	Safe Schools	7/1/2020	
Using Non-Contact Thermometers	Coaches	Dominic Palladino, Director of Athletics	In-person	Documentation	7/1/2020	
COVID-19 Monitoring Form – How to use	Coaches	Dominic Palladino, Director of Athletics	In-person	Documentation	7/1/2020	



## Classification of Sports

**Higher Risk:** Sports that involve close, sustained contact between participants, lack of significant protective barriers, and high probability that respiratory particles will be transmitted between participants.

*Examples: Wrestling, football, boys lacrosse, competitive cheer*

**Moderate Risk:** Sports that involve close, sustained contact, but with protective equipment in place that may reduce the likelihood of respiratory particle transmission between participants OR intermittent close contact OR group sports OR sports that use equipment that can't be cleaned between participants.

*Examples: Basketball, volleyball\*, baseball\*, softball\*, soccer, field hockey, tennis\*, swimming relays, pole vault\*, high jump\*, long jump\*, girls lacrosse, 7 on 7 football*

\*Could potentially be considered "Lower Risk" with appropriate cleaning of equipment and use of masks by participants

**Lower Risk:** Sports that can be done with social distancing or individually with no sharing of equipment or the ability to clean the equipment between use by competitors.

*Examples: Individual running events, throwing events (javelin, shot put, discus), individual swimming, golf, weightlifting, alpine skiing, sideline cheer, single sculling, cross country running (with staggered starts)*

## **Transportation**

Modifications for student/coach transportation to and from athletic events may be necessary. This may include:

1. Reducing the number of students/coaches on a bus/van
2. Using hand sanitizer upon boarding a bus/van
3. Social distancing on a bus
4. Limiting events to a certain performance level (Varsity, JV, Freshman, Middle School)

These potential modifications will be determined by the school district, bus companies, Department of Education, State and Local governments.

## **Who is allowed to attend an event?**

Grouping of people into tiers from essential to non-essential and decide which will be allowed at an event:

- Tier 1 (Essential) – Athletes, coaches, officials, event staff, medical staff, security
- Tier 2 (Preferred) – Media
- Tier 3 (Non-essential) – Spectators, vendors

Tier 1 and 2 personnel will be allowed to attend events until state/local governments lift restrictions on mass gatherings.

Changes to seating capacity and social distancing may be necessary for each venue facility and will be determined as more recommendations are released by the local/state governments.

## **Overnight/Out of State Events/ Events in COVID-19 Hot Spots**

The Boyertown Area School District will evaluate each event and follow all local/state government guidelines on a case by case basis. Every consideration will be taken as to not expose students to unnecessary or potential high-risk exposure. **Out of state and overnight events will not be permitted at this time.**

## **Symptoms of COVID-19**

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness.

Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms. CDC will continue to update their website as we learn more about COVID-19.

## **COVID-19 Everyday Prevention Actions**

The Centers for Disease Control and Prevention is working to help keep you and your community safe from the threat of novel, or new coronavirus. Take the following everyday steps to help avoid the spread of all respiratory viruses:

- Wash your hands often with soap and water for at least 20 seconds.
- Cover your cough or sneeze with a tissue, throw the tissue away, and then wash your hands.
- Avoid touching your eyes, nose, and mouth.
- Clean and disinfect frequently touched objects or surfaces such as remote controls and doorknobs. Avoid close contact with people who are sick.
- Stay home if you are sick. Call your doctor if you develop fever, cough, or difficulty breathing.

## **What to do if a student or staff become ill with COVID-19 symptoms during practice, event, or during transportation to or from an event?**

1. Every effort will be made to isolate the ill individual from others, until the student or staff member can leave the school or event
2. If student, parent/guardian will be contacted immediately, and arrangements will be made for the student to be picked up
3. The ill individual will be asked to contact their physician or appropriate healthcare professional for direction.



## **Return of student or staff to athletics following a COVID-19 diagnosis?**

1. Athletes/Coaches who were previously diagnosed with COVID 19 and have recovered must receive a written clearance from his/her physician and submit the written documentation to the Director of Athletics and Athletic Trainer prior to returning to participate in the sport.
2. If any student tests positive for COVID 19 and attended a workout/practice or was on the school campus within a 14-day period, he/she must appropriately notify the Director of Athletics of the matter and testing results. Contact tracing will then be initiated by school personnel and communicated directly to the Director of Athletics and/or Building Principal.
3. Student or staff should have medical clearance from their physician or appropriate healthcare professional, determined to be non-contagious, Fever free (without fever-reducing medicine), improvement in respiratory symptoms (cough, shortness of breath), no vomiting or diarrhea.

## **Education of Staff**

**Staff, Coaches, Parents and Athletes will be educated on the following (through posters, flyers, meetings, emails, phone calls):**

1. COVID-19 signs and symptoms
2. Proper ways to limit exposure to COVID-19 (hand washing, cough in your elbow, disinfecting touched surfaces, social distancing, avoid touching eyes, nose, face and mouth, no spitting, gum chewing, etc.)
3. No Handshakes/Celebrations (high fives, fist/elbow bumps, chest bumps, hugging), etc.
4. The content of this Health & Safety Plan.
5. Any pertinent COVID-19 information released by state/local governments, NFHS, and PIAA.

## **References:**

COVID-19 Everyday prevention actions:

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/CDC-COVID-19-PSA-Everyday-Prevention-Actions.pdf>

Guidance for All Sports Permitted to Operate During the COVID-19 Disaster Emergency to Ensure the Safety and Health of Employees, Athletes and the Public. - June 10, 2020 <https://www.governor.pa.gov/covid-19/sports-guidance/>

NFHS: Guidance for Opening Up High School Athletics and Activities - May 2020  
[https://nfhs.org/media/3812287/2020-nfhs-guidance-for-opening-up-high-school-athletics-and-activities-nfhs-smac-may-15\\_2020-final.pdf](https://nfhs.org/media/3812287/2020-nfhs-guidance-for-opening-up-high-school-athletics-and-activities-nfhs-smac-may-15_2020-final.pdf)

Prevention - <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention-H.pdf>

Symptoms of Coronavirus -

[https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html?CDC\\_AA\\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fabout%2Fsymptoms.html](https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fabout%2Fsymptoms.html)

# Athletics Health and Safety Plan Summary: **Boyertown Area School District**

**Anticipated Launch Date: July 1, 2020**

Use these summary tables to provide your local education community with a detailed overview of your Athletics Health and Safety Plan. School entities are required to post this summary on their website. To complete the summary, copy and paste the domain summaries from the Athletics Health and Safety Plan tables above.

ALL SUMMARIES BELOW ARE FOR THE GREEN PHASE ONLY. FOR DETAILS ON THE YELLOW PHASE, PLEASE SEE TABLES ABOVE.

## Facilities Cleaning, Sanitizing, Disinfecting, and Ventilation

Requirement(s)	Strategies, Policies and Procedures
* Cleaning, sanitizing, disinfecting, and ventilating learning spaces, surfaces, and any other areas used by students (i.e., restrooms, drinking fountains, locker rooms, and transportation)	All areas used will be cleaned daily.  Cleanings will take place in all areas used by student-athletes or staff.

## Social Distancing and Other Safety Protocols

Requirement(s)	Strategies, Policies and Procedures
* Protocols for social distancing student athletes and staff throughout all activities, to the maximum extent feasible	Social Distancing protocols will be used when possible.
* Procedures for serving food at events including team meetings and meals	Indoor groups must be limited to 20% of max capacity. Outdoor groups must be limited 20% of facility max occupancy.



<p><b>* Hygiene practices for student athletes and staff including the manner and frequency of hand-washing and other best practices</b></p> <p><b>* Posting signs, in highly visible locations, that promote everyday protective measures, and how to stop the spread of germs</b></p> <p><b>Identifying and restricting non-essential visitors and volunteers</b></p> <p><b>Limiting the sharing of materials and equipment among student athletes</b></p> <p><b>Staggering the use of communal spaces (i.e., locker rooms, weight rooms, etc.)</b></p> <p><b>Adjusting transportation schedules and practices to create social distance between students</b></p> <p><b>Limiting the number of individuals in athletic activity spaces and interactions between groups of student athletes</b></p> <p><b>Other social distancing and safety practices</b></p>	<p>Practice, game, and activity spaces will be scheduled by the Athletic Office. Teams will not overlap facilities.</p> <p>Prepackaged meals only. No buffet style meals.</p> <p>Social distancing protocols must be used.</p> <p>Concession stands can open if social distancing restrictions involving spectators are lifted. Concession stand must follow proper CDC/PA DOH guidelines.</p> <p>Wash hands before and after activities.</p> <p>Use of hand sanitizer if needed.</p> <p>Game ball(s) are disinfected before, during and after every game and practice.</p> <p>Everyone is required to wear face coverings, unless a health condition prohibits use, while indoors unless actively involved in activity. Outdoors must use face covering when 6-ft social distancing is not possible unless actively engaged in activity.</p> <p>No shared water containers are permitted. Each student-athlete must provide their own water bottle. Touchless water coolers will be available at a hydration station at practices. This are will be set-up by a member of the athletic department staff</p> <p>Signs indicating proper hygiene and hygiene practices will be posted in common areas.</p> <p>Athletic Department approved personnel at games and practices only.</p>
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	<p>Any equipment that must be shared must be disinfected between users. Game balls must be disinfected when feasible</p> <p>Opposite entrances/exits will be used when entering or exiting a facility. If opposite entrances/exits are not available, a staggering method will be used.</p> <p>Locker rooms will be scheduled for use by the Athletic Office. <b>occupancy is 20% of max occupancy .</b></p> <p>School District transportation will be provided per guidelines outlined in the BASD Health &amp; Safety Plan.</p> <p>Student-athletes may be transported by a parent/guardian to off-site events with proper documentation</p> <p>Social Distancing protocols will be used when possible.</p> <p><b>Groups must be limited to the less of 20% of facility max occupancy.</b></p>
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## Monitoring Student Athletes and Staff Health

Requirement(s)	Strategies, Policies and Procedures
<p><b>* Monitoring student athletes and staff for symptoms and history of exposure</b></p> <p><b>* Isolating or quarantining student athletes, coaching staff, or visitors if they become sick or demonstrate a history of exposure</b></p>	<p>Student-Athletes, coaches, and athletic department staff will fill out the "COVID-19 Monitoring Form"</p> <p>Students/Staff - will be quarantined in the officials' locker room located in the athletic wing until proper travel arrangements can be made.</p>

<p><b>* Returning isolated or quarantined coaching staff, student athletes, or visitors to school</b></p> <p><b>Notifying coaching staff, families, and the public of cancellation of sports-related activities, school closures and other changes in safety protocols</b></p>	<p>Any student-athletes or Coaches who have traveled to a COVID-19 Hotspot as outlined by the PA DOH are not allowed to participate in any practice, game, or voluntary workout for a period of 14 days during the recommended self-quarantine period.</p> <p>Student-athlete/staff of opposing schools will follow the same protocol as above</p> <p>Students or staff must have medical clearance from their physician or appropriate healthcare professional, determined to be non-contagious, Fever free (without fever-reducing medicine), improvement in respiratory symptoms (cough, shortness of breath), no vomiting or diarrhea.</p> <p>Changes in safety protocols - update documents on websites and advertise the changes on social media and email contacts</p>
Requirement(s)	Strategies, Policies and Procedures
<p><b>* Protecting student athletes and coaching staff at higher risk for severe illness</b></p> <p><b>* Use of face coverings by all coaches and athletic staff</b></p> <p><b>* Use of face coverings by student athletes as appropriate</b></p>	<p>Safety protocols will be implemented for any student-athlete or staff member who needs accommodations</p> <p>Accommodations will be made for staff members who are unable to return to their position due to medical reasons</p> <p>Required while social distancing guidelines are in effect.</p>

## Other Considerations for Student Athletes and Staff

<p>Unique safety protocols for student athletes with complex needs or other vulnerable individuals</p> <p>Management of Coaches and Athletic Staff</p>	<p>Not required during exercise. Recommended at other times when social distancing guidelines are in effect.</p> <p>Safety protocols will be implemented for any student-athlete or staff member who needs accommodations due to medical reasons</p> <p>Coaches and athletic department staff will fill out the "COVID-19 Monitoring Form" before starting each activity.</p> <p>Anyone who has been in close contact with a person with COVID-19 must be reported to the Director of Athletics and Building Principal. CDC and PA DOH protocol will be followed.</p>
<p>Revised – July 3, 2020</p> <p>Revised – July 6, 2020</p> <p>Revised – July, 23, 2020</p> <p>Revised – August 19, 2020</p> <p>Revised - October 27, 2020</p>	

## Athletics Health and Safety Plan Governing Body Affirmation Statement

The Board of Directors/Trustees for *Boyetown Area School District* reviewed and approved the revised Health and Safety Plan for Athletics and Marching Band on November 10, 2020.

The plan was approved by a vote of:

9 Yes  
No 0

Affirmed on: November 10, 2020

By:

  
(Signature of Board President)

*Brandon Foose*