



## Grab and Go Menu August/September 2020-2021

This institution is an equal  
opportunity provider.  
Menus are subject to change.

<i>Monday August 31</i>	<i>Tuesday September 1</i>	<i>Wednesday September 2</i>	<i>Thursday September 3</i>	<i>Friday September 4</i>
Ham & Cheese Sandwich	Smucker's Uncrustable PB&J Sandwich Meal	Yogurt Meal	Sunrise Sandwich	
Baby Carrots w/Dip Baked Potato Chips Apple Pack	Cucumbers Sliced Peaches	Frozen Green Beans Fresh Fruit	SMILE Fries Diced Pears	
Assorted Milk	Assorted Milk	Assorted Milk	Assorted Milk	
<i>Monday September 7</i>	<i>Tuesday September 8</i>	<i>Wednesday September 9</i>	<i>Thursday September 10</i>	<i>Friday September 11</i>
	French Toast w/ Sausage	Yogurt Meal	Smucker's Uncrustable PB&J Sandwich Meal	Pizza
	Sweet Potato Fries Orange	Fresh Vegetable Mixed Fruit	Cucumbers Fresh Fruit	Baby Carrots w/Dip Apple Pack Rice Krispie Treat
	Assorted Milk	Assorted Milk	Assorted Milk	Assorted Milk

### Daily Choices Available

May include

**Fresh Veggies w/dip:** Tomatoes,  
Cucumbers, Peppers, Carrots, Broccoli,  
Cauliflower, Celery

**Fresh Fruit:** Apples, Oranges, Bananas,  
Grapes, Seasonal

**100% Juice:** Apple,  
Orange, Grape

<i>Monday September 14</i>	<i>Tuesday September 15</i>	<i>Wednesday September 16</i>	<i>Thursday September 17</i>	<i>Friday September 18</i>
Breaded Chicken Sandwich	Hamburger on Roll	Yogurt Meal	Hot Dog on Roll	French Bread Pizza
SMILE Fries Fresh Fruit	Manager's Choice Vegetable Pears	Fresh Vegetable Sliced Peaches	Baked Beans Baked Potato Chips Fresh Fruit	Baby Carrots w/Dip Apple Pack Carnival Cookie
Assorted Milk	Assorted Milk	Assorted Milk	Assorted Milk	Assorted Milk
<i>Monday September 21</i>	<i>Tuesday September 22</i>	<i>Wednesday September 23</i>	<i>Thursday September 24</i>	<i>Friday September 25</i>
Smucker's Uncrustable PB&J Sandwich Meal	Chicken Tenders w/Roll	Yogurt Meal	Italian Sandwich	Big Daddy's Pizza
Fresh Vegetable Pears	Tater Tots Fresh Fruit	Romaine Salad Fresh Fruit	Baked Beans Applesauce	Baby Carrots w/Dip Apple Pack Pudding Cup
Assorted Milk	Assorted Milk	Assorted Milk	Assorted Milk	Assorted Milk



**Milk choices available**  
1% White  
FF Chocolate

**\$.65**

remember the milk

**DON'T FORGET!**

You must take at least

**1**

**FRUIT** or **VEGGIES**  
and at least

**3** items total to count your lunch as a complete meal



**Online Payment Service: Your child's school will accept online payments for school meals using EzSchoopay.com. For more information and to register online, access the website at [www.EZSchoolpay.com](http://www.EZSchoolpay.com)**

## September/October 2020-2021

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<i>Monday September 28</i>	<i>Tuesday September 29</i>	<i>Wednesday September 30</i>	<i>Thursday October 1</i>	<i>Friday October 2</i>
Ham & Cheese Sandwich	Smucker's Uncrustable PB&J Sandwich Meal	Yogurt Meal	French Bread Pizza	Sunrise Sandwich
Baby Carrots w/Dip Baked Potato Chips Apple Pack	Cucumbers Sliced Peaches	Fresh Veggies Hummus Fresh Fruit	Green Beans Diced Pears	SMILE Fries Apple Pack SMILE Emoji Ice
Assorted Milk	Assorted Milk	Assorted Milk	Assorted Milk	Assorted Milk
<i>Monday October 5</i>	<i>Tuesday October 6</i>	<i>Wednesday October 7</i>	<i>Thursday October 8</i>	<i>Friday October 9</i>
Chicken Stix w/ Dinner Roll	French Toast w/ Sausage	Yogurt Meal	Smucker's Uncrustable PB&J Sandwich Meal	Pizza
Baked Beans Peaches	Sweet Potato Fries Orange	Fresh Vegetable Mixed Fruit	Baked French Fries Fresh Fruit	Romaine Salad Baby Carrots w/Dip Apple Pack Rice Krispie Treat
Assorted Milk	Assorted Milk	Assorted Milk	Assorted Milk	Assorted Milk

### Daily Choices Available

May include

**Fresh Veggies w/dip:** Tomatoes,  
Cucumbers, Peppers, Carrots, Broccoli,  
Cauliflower, Celery

**Fresh Fruit:** Apples, Oranges, Bananas,  
Grapes, Seasonal

**100% Juice:** Apple,  
Orange, Grape